

Savile Town Infant and Nursery School- PE Progression Map

	Nursery	Reception	Year 1	Year 2
Games	<p><b>Physical- Moving and Handling -40-60m</b></p> <ul style="list-style-type: none"> <li>• I can negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.</li> <li>• I can show increasing control over an object in pushing, patting, throwing, catching or kicking it.</li> </ul>	<p><b>Physical- Moving and Handling -ELG</b></p> <ul style="list-style-type: none"> <li>• I can show good control and co-ordination in large movements.</li> <li>• I can safely negotiate space.</li> </ul>	<p><b>Games</b></p> <ul style="list-style-type: none"> <li>• I can throw underarm.</li> <li>• I can hit a ball with a bat.</li> <li>• I can move and stop safely.</li> <li>• I can throw and catch with both hands.</li> <li>• I can throw and kick in different ways.</li> </ul>	<p><b>Games</b></p> <ul style="list-style-type: none"> <li>• I can use hitting, kicking and/or rolling in a game.</li> <li>• I can decide the best space to use during a game.</li> <li>• I can use one tactic in a game.</li> <li>• I can follow rules.</li> </ul>
Gymnastics	<p><b>Physical- Moving and Handling- 40-60m</b></p> <ul style="list-style-type: none"> <li>• I can jump of an object and land appropriately.</li> <li>• I can travel with confidence and skill around, under, over and through balancing and climbing equipment.</li> </ul>	<p><b>Physical- Moving and Handling -ELG</b></p> <ul style="list-style-type: none"> <li>• I move confidently in a range of ways, safely negotiating space.</li> </ul>	<p><b>Gymnastics</b></p> <ul style="list-style-type: none"> <li>• I can make my body curled, tense, stretched and relaxed.</li> <li>• I can control my body when travelling and balancing.</li> <li>• I copy sequences and repeat them.</li> <li>• I can roll, curl, travel and balance in different ways.</li> </ul>	<p><b>Gymnastics</b></p> <ul style="list-style-type: none"> <li>• I can plan and perform a sequence of movements.</li> <li>• I can improve my sequence based on feedback.</li> <li>• I can think of more than one way to create a sequence which follows some 'rules'.</li> <li>• I can work on my own and with a partner.</li> </ul>
Dance	<p><b>Physical- Moving and Handling- 40-60m</b></p>	<p><b>Physical- Moving and Handling- ELG</b></p>	<p><b>Dance</b></p> <ul style="list-style-type: none"> <li>• I can move to music.</li> <li>• I can copy dance moves.</li> <li>• I can perform my own dance moves.</li> </ul>	<p><b>Dance</b></p> <ul style="list-style-type: none"> <li>• I can change rhythm, speed, level and direction in a dance.</li> </ul>

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	<ul style="list-style-type: none"> <li>• I can experiment with different ways of moving.</li> </ul>	<ul style="list-style-type: none"> <li>• I can show good control and co-ordination in large movements.</li> </ul> <p><b>Exceeding</b></p> <ul style="list-style-type: none"> <li>• I can skip in time to music.</li> </ul>	<ul style="list-style-type: none"> <li>• I can make up a short dance.</li> <li>• I can move safely in a space.</li> </ul>	<ul style="list-style-type: none"> <li>• I can dance with control and co-ordination.</li> <li>• I can make a sequence by linking sections together.</li> <li>• I can use dance to show a mood or feeling.</li> </ul>
<b>General</b>		<p><b>Exceeding</b></p> <ul style="list-style-type: none"> <li>• I can hop confidently.</li> </ul>	<p><b>General</b></p> <ul style="list-style-type: none"> <li>• I can copy actions.</li> <li>• I can repeat actions and skills.</li> <li>• I can move with control and care.</li> <li>• I can use equipment safely.</li> </ul>	<p><b>General</b></p> <ul style="list-style-type: none"> <li>• I can copy and remember actions.</li> <li>• I can talk about what is different from what I did and what someone else did.</li> </ul>